

BROWNIES DATA  
Marylou's News, Inc.

<b>Totally Chocolate Brownie*</b>	
Sugar, Vegetable Margarine (liquid soybean oil, partially hydrogenated soybean oil, water, salt, soybean lecithin, artificially flavored, colored with beta carotene, vitamin A palmitate added),Eggs, Dutch Cocoa, Unbleached Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine, mononitrate, riboflavin) , Chocolate Chips (sugar, chocolate liquor, cocoa butter,dextrose,lecithin) Chocolate liquor, Canola Oil, Corn Syrup, Vanilla.	
<b>Nutrition Facts</b>	
<b>Serving Size:</b> 3.75oz (1)	
Amount Per Serving:	
<b>Calories per Serving</b>	440
<b>Calories from Fat</b>	230
<b>Total Fat</b>	27g
<b>Saturated Fat</b>	4g
<b>Cholesterol</b>	0mg
<b>Sodium</b>	180mg
<b>Total Carbohydrate</b>	53g
<b>Dietary Fiber</b>	4g
<b>Sugars</b>	39g
<b>Protein</b>	4g
This product should not be consumed by those individuals with allergies to Soy, Chocolate, Chocolate Derivatives, Eggs, Gluten, Corn, Sulfites, Peanuts, Tree Nuts or Dairy.	

<b>Totally Chips Blondie*</b>	
Brown Sugar, Chocolate Chips (sugar, chocolate liquor, cocoa, butter, dextrose, lecithin), Unbleached Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine, mononitrate, riboflavin), Margarine (liquid soybean oil, partially hydrogenated soybean oil, water, salt, soybean lecithin, artificially flavored, colored with beta carotene, vitamin A palmitate added), Walnuts, Eggs, Baking Soda, Vanilla, Salt.	
<b>Nutrition Facts</b>	
<b>Serving Size:</b> 3.75oz (1 blondie)	
Amount Per Serving:	
<b>Calories per Serving</b>	460
<b>Calories from Fat</b>	190
<b>Total Fat</b>	21g
<b>Saturated Fat</b>	6g
<b>Cholesterol</b>	45mg
<b>Sodium</b>	160mg
<b>Total Carbohydrate</b>	63g
<b>Dietary Fiber</b>	2g
<b>Sugars</b>	42g
<b>Protein</b>	5g
This product should not be consumed by those individuals with allergies to Sulfites, Chocolate, Chocolate Derivatives, Eggs, Gluten, Soy, Tree Nuts, Peanuts, Soy, or Dairy.	

<b>Totally Nuts Brownie*</b>	
Sugar, Vegetable Margarine (liquid soybean oil, partially hydrogenated soybean oil, water, salt, soybean lecithin, artificially flavored, colored with beta carotene, vitamin A palmitate added), Eggs, Dutch Cocoa, Unbleached Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine, mononitrate, riboflavin) , Chocolate Chips (sugar, chocolate liquor, cocoa butter,dextrose,lecithin), Walnuts, Canola Oil, Corn Syrup, Vanilla.	
<b>Nutrition Facts</b>	
<b>Serving Size:</b> 3.75oz (1)	
Amount Per Serving:	
<b>Calories per Serving</b>	460
<b>Calories from Fat</b>	260
<b>Total Fat</b>	30g
<b>Saturated Fat</b>	4.5g
<b>Cholesterol</b>	0mg
<b>Sodium</b>	170mg
<b>Total Carbohydrate</b>	50g
<b>Dietary Fiber</b>	4g
<b>Sugars</b>	36g
<b>Protein</b>	5g
This product should not be consumed by those individuals with allergies to Soy, Dairy, Eggs, Tree Nuts, Peanuts, Chocolate, Chocolate Derivatives, Corn, Sulfites, or Gluten.	

<b>Totally Nuts Blondie</b>	
Brown Sugar, Chocolate Chips (sugar, chocolate liquor, cocoa butter, dextrose, lecithin) Unbleached Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine, mononitrate, riboflavin) Margarine (liquid soybean oil, partially hydrogenated soybean oil, water, salt, soybean lecithin, artificially flavored, colored with beta carotene, vitamin A palmitate added), Walnuts, Eggs, Baking Soda, Salt.	
<b>Nutrition Facts</b>	
<b>Serving Size:</b> 3.75oz (1)	
Amount Per Serving:	
<b>Calories per Serving</b>	360
<b>Calories from Fat</b>	200
<b>Total Fat</b>	22g
<b>Saturated Fat</b>	7g
<b>Cholesterol</b>	0mg
<b>Sodium</b>	170mg
<b>Total Carbohydrate</b>	69g
<b>Dietary Fiber</b>	2g
<b>Sugars</b>	40g
<b>Protein</b>	6g
This product should not be consumed by those individuals with allergies to Chocolate, Chocolate Derivatives, Sulfites, Gluten, Soy, Eggs, Tree Nuts, or Peanuts.	

<b>Totally Cream Cheese Brownie*</b>	
Sugar, Vegetable Margarine (liquid soybean oil, partially hydrogenated soybean oil, water, salt, soybean lecithin, artificially flavored, colored with beta carotene, vitamin A palmitate added),Eggs, Dutch Cocoa, Unbleached Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine, mononitrate, riboflavin) , Chocolate Chips (sugar, chocolate liquor, cocoa butter,dextrose,lecithin), Cream Cheese Filling ( cream cheese, water, sugar, corn syrup, food starch modified, natural and artificial flavors, salt, yellow 5, yellow 6) Canola Oil, Corn Syrup, Vanilla.	
<b>Nutrition Facts</b>	
<b>Serving Size:</b> 3.5oz (1 brownie)	
Amount Per Serving:	
<b>Calories per Serving</b>	391.06
<b>Calories from Fat</b>	201.6
<b>Total Fat</b>	22.4g
<b>Saturated Fat</b>	3.5g
<b>Cholesterol</b>	0mg
<b>Sodium</b>	152.833mg
<b>Total Carbohydrate</b>	44.275g
<b>Dietary Fiber</b>	3.3831g
<b>Sugars</b>	32.4331g
<b>Protein</b>	3.09g
This product should not be consumed by those individuals with allergies to Soy, Tree Nuts, Peanuts, Chocolate, Chocolate Derivatives, Dairy, Corn, Eggs, or Gluten.	